

30. The food of Claim 29, wherein the cocoa procyanidin oligomer is a mixture of oligomers.
31. The food of Claim 30, wherein the oligomers are dimers through dodecamers.
32. The food of Claim 30, wherein the mixture is isolated as a cocoa extract.
33. The food of Claim 32, wherein the isolated cocoa extract is fractionated into monomeric and oligomeric fractions which are used as the additive.
34. The food of Claim 33, wherein the monomeric and/or oligomeric fractions are pooled.
35. The food of Claim 32, wherein the cocoa extract is a crude cocoa extract isolated by solvent extracting the cocoa polyphenols from defatted cocoa beans.
36. The food of Claim 35, wherein the defatted cocoa beans are unfermented cocoa beans.
37. The food of Claim 35, wherein the defatted cocoa beans are partially fermented cocoa beans.
38. The food of Claim 35, wherein the defatted cocoa beans are fermented cocoa beans.
39. The food of Claim 35, wherein the solvent is acetone and water, methanol and water, or ethyl acetate.
40. The food of Claim 39, wherein the solvent is acetone and water.
41. The food of Claim 32, wherein the crude cocoa extract is partially purified by gel permeation chromatography and/or high pressure liquid chromatography.
42. The food of Claim 41, wherein the partially purified cocoa extract is a xanthine-alkaloid free cocoa extract.